





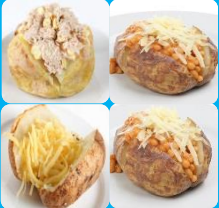


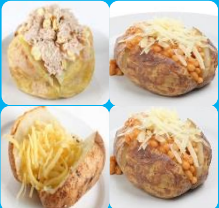












# HES Menu Photos- Autumn/Winter 2021- 2022




















**WEEK 1**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Golden Dipper with Wedges (V)</b></p>	<p><b>BBQ Chicken with Rice</b></p>	<p><b>Roast British Gammon</b></p>	<p><b>Marinated Chicken Tikka with Rice</b></p>	<p><b>Omega 3 Fish Fingers with Oven-Baked Chips</b></p>
<p><b>Mac 'N' Cheese (V)</b></p>	<p><b>Jacket Potato with a Choice of Topping.</b></p>	<p><b>Cheesy Tomato Pasta (V)</b></p>	<p><b>Jacket Potato with Baked Beans (VE)</b></p>	<p><b>Fresh Baked Baguettes with a Choice of Filling</b></p>
<p><b>Spanish Style Paella (VE)</b></p>	<p><b>Rustic Italian Meatball Linguine (VE)</b></p>	<p><b>Cumberland Sausage &amp; Bean Puff (VE)</b></p>	<p><b>Margherita Pizza with Wedges (V)</b></p>	<p><b>Lightly Spiced Rogan Josh with Rice (VE)</b></p>
<p><b>Vanilla Ice Cream Tub (V)</b></p>	<p><b>Apple Crumble with Custard</b></p>	<p><b>Fruit Jelly (VE)</b></p>	<p><b>Fresh Fruit Platter (VE)</b></p>	<p><b>Marble Cake with Custard</b></p>

**WEEK 2**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Italian Style Lasagne (V)</b></p> 	<p><b>Creamy Chicken Korma with Rice</b></p> 	<p><b>Traditional Roast Turkey</b></p> 	<p><b>Sticky Chicken with Rice</b></p> 	<p><b>Battered Fish Fillet with Oven Baked Chips</b></p> 
<p><b>Cheesy Tomato Pasta (V)</b></p> 	<p><b>Jacket Potato with a Choice of Topping</b></p> 	<p><b>Creamy Fish Pie</b></p> 	<p><b>Fresh Baked Baguettes with a Choice of Filling</b></p> 	<p><b>Jacket Potato with a Choice of Topping</b></p> 
<p><b>Sausage Roll with Diced Potatoes (VE)</b></p> 	<p><b>Crispy Vegetable Fingers with Wedges (VE)</b></p> 	<p><b>Mince &amp; Onion Puff (VE)</b></p> 	<p><b>Pasta Bolognese Bake (VE)</b></p> 	<p><b>Baked Enchiladas (VE) with Mexican Style Rice</b></p> 
<p><b>Sticky Banana Pudding (VE)</b></p> 	<p><b>Orange Cookie (VE)</b></p> 	<p><b>Fruit Jelly (VE)</b></p> 	<p><b>Fresh Fruit Platter (VE)</b></p> 	<p><b>Red Velvet Sponge</b></p> 

# WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Organic Beef Burger with Wedges</b></p> 	<p><b>Mild Balti Curry with Rice (VE)</b></p> 	<p><b>Sausage Toad in the Hole</b></p> 	<p><b>Southern Style Chicken with Potato Dippers</b></p> 	<p><b>Omega 3 Fish Fingers with Oven-Baked Chips</b></p> 
<p><b>Sweet Chilli Chicken Pasta</b></p> 	<p><b>Jacket Potato with Choice of Topping</b></p> 	<p><b>Cheesy Tomato Pasta (V)</b></p> 	<p><b>Fresh Baked Baguettes with a Choice of Filling</b></p> 	<p><b>Vegetable &amp; Lentil Dhal Rice (VE)</b></p> 
<p><b>Country Bake Burger with Wedges (VE)</b></p> 	<p><b>Margherita Pizza with Pasta (V)</b></p> 	<p><b>Toad in the Hole (VE)</b></p> 	<p><b>Cottage Pie (VE)</b></p> 	<p><b>Hot Cheesy Quesadilla with Oven Baked Chips (V)</b></p> 
<p><b>Raspberry Ripple Artic Roll (V)</b></p> 	<p><b>Carrot Cake (VE)</b></p> 	<p><b>Fruit Jelly (VE)</b></p> 	<p><b>Fresh Fruit Platter (VE)</b></p> 	<p><b>Autumn Sponge with Custard</b></p> 